

Classroom activity

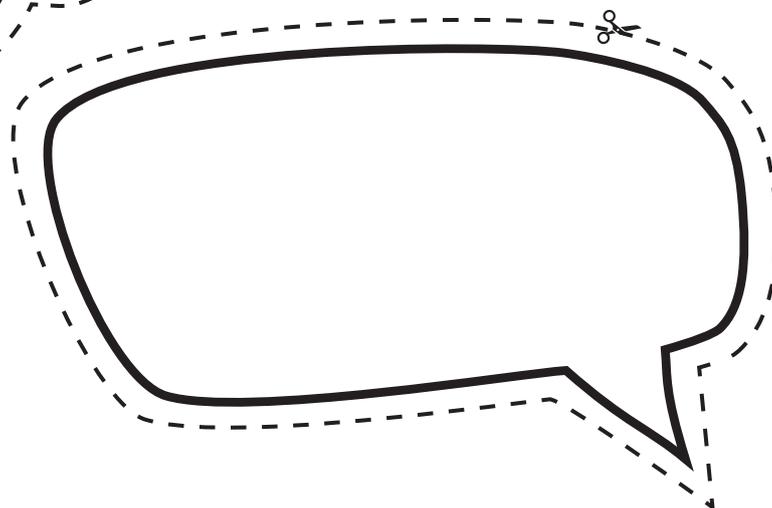
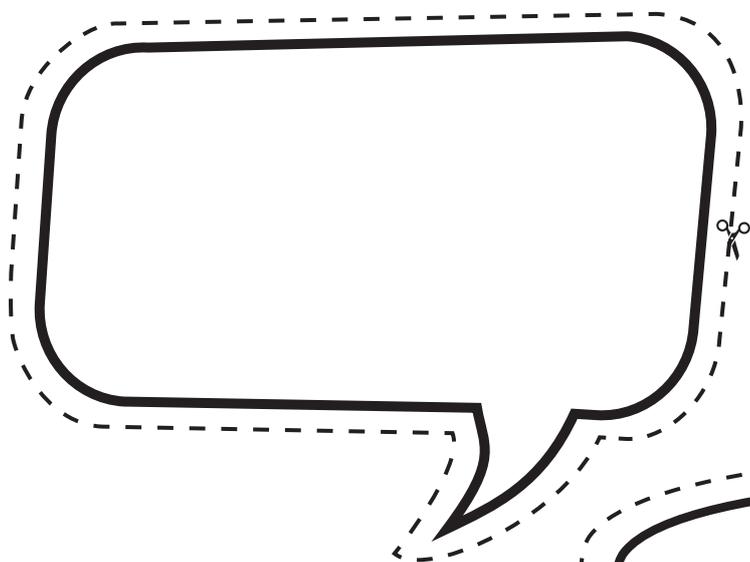
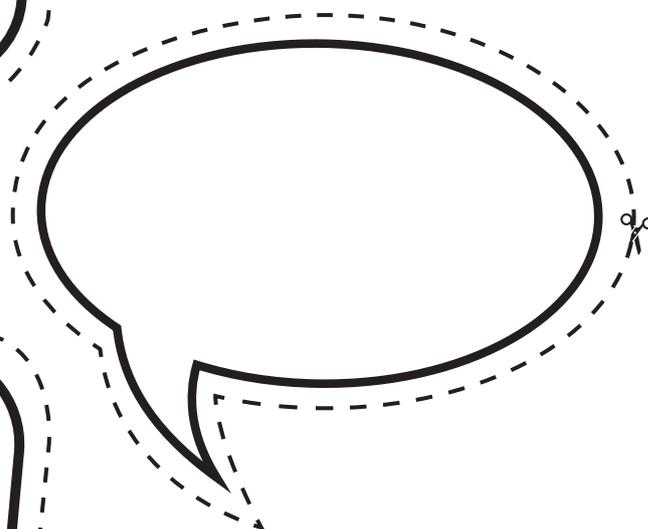
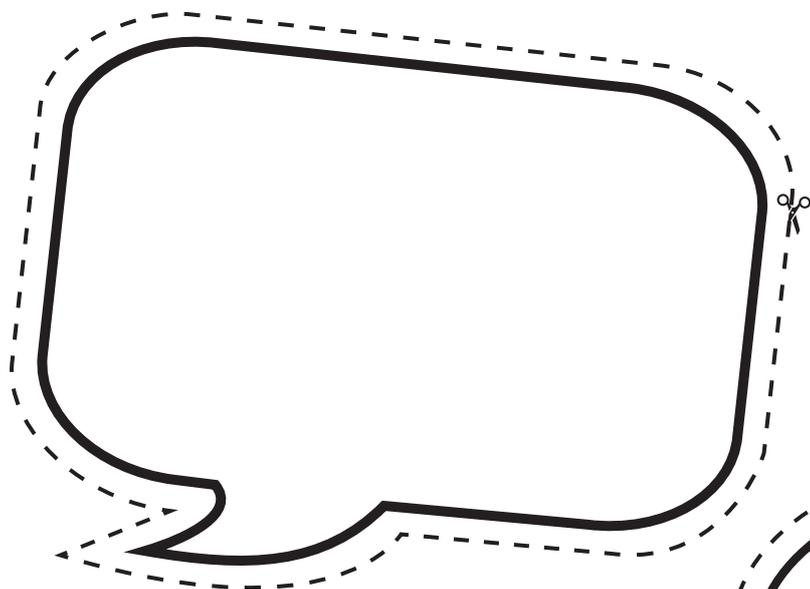
Asking R U OK? your way

Year level **5**

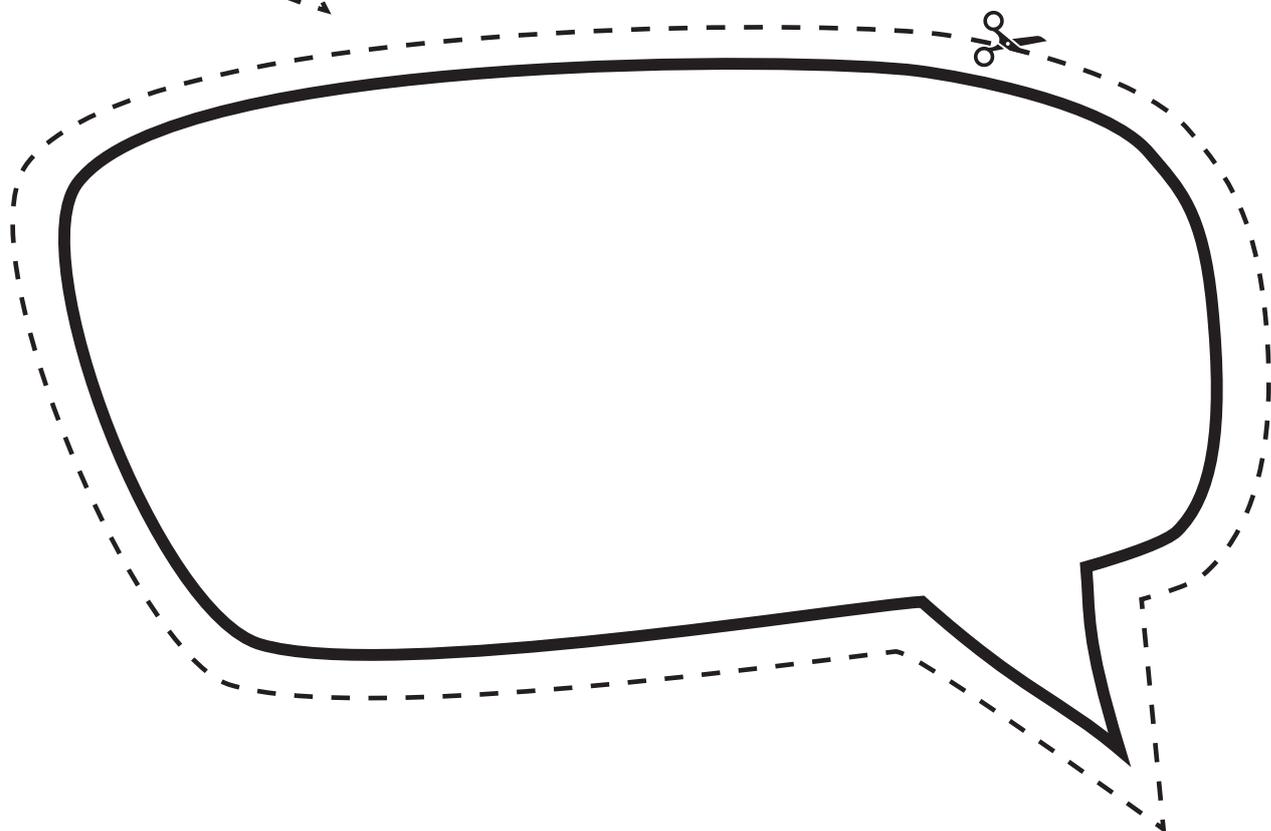
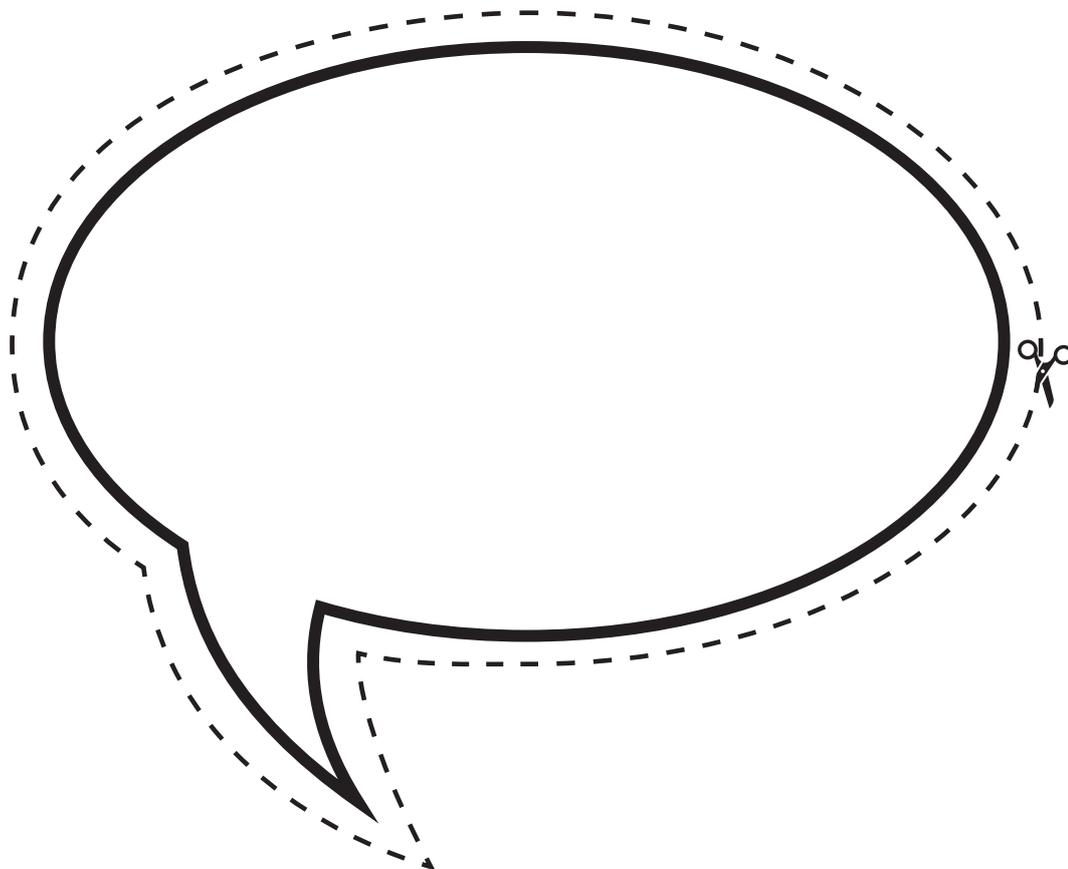


Duration	30 minutes
Learning intention	Students identify their own way to ask 'Are you OK?'
Activity focus	This activity focuses on students understanding that they can ask 'Are you OK?' in different ways. It enables students to explore how we communicate depending on who we are talking to and that there are many different ways to ask someone if they are OK.
Resources required	<ul style="list-style-type: none"> Speech bubble templates
Curriculum links	<p>Australian Curriculum: Health and Physical Education Years 5 and 6</p> <p>Being healthy, safe and active</p> <ul style="list-style-type: none"> Plan and practise strategies to promote health, safety and wellbeing (ACPPS054) <p>Communicating and interacting for health and wellbeing</p> <ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055)
Success criteria	<ul style="list-style-type: none"> I can ask 'Are you OK?' in a way that I feel comfortable.
Activity description	<ol style="list-style-type: none"> As a class, discuss that there are different ways we talk to different people in our lives. Ask students: Do you talk to your parents and carers the same way you talk to your friends? Do you talk to your friends the same way you talk to your teacher? Ask students: Why do we communicate differently in different situations? <ul style="list-style-type: none"> Think: students think about the answer by themselves Pair: in pairs, students share their answers with each other Share: bring the class back together, each pair shares their answer with the group Explain to students that when we are worried about someone, we should ask them how they are going. There are lots of different ways to do this, depending on who we are talking to. Sometimes, we will ask in our language other times we might let them know we are worried about them. Students brainstorm: what are the different ways of asking someone if they are OK? Students write a unique/personal way to ask: 'Are you OK?' in a speech bubble (template provided) to hang around the classroom.
Differentiation	<ul style="list-style-type: none"> Support strategies: Student work together to write a personal way to ask 'Are you OK?' Extension strategies: Students create a poster with a range of sentence starters to use when asking different people, Are you OK?
Reflection question	Is there a right way to ask 'Are you OK?'
Remote learning	<ul style="list-style-type: none"> Students create conversation starters using a digital design platform they are familiar with (for example, PPT or Canva) Students draw their own speech bubbles and write their conversation starters Ask students to submit their conversation starters to hang on the classroom wall when school returns.

Asking R U OK? your way
- Speech Bubbles



Asking R U OK? your way
- Ways to ask R U OK?



Asking R U OK? your way
- Ways to ask R U OK?

