



# SCHOOL COUNCIL

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## WEDNESDAY 1st March 2023



### PRINCIPAL TEAM NEWS

*Respect, Resilience, Achievement & Community*



***We would like to pay our respect to the Dja Dja Wurrung people. The Traditional Custodians of this Land on which we gather today and pay our respects to the Elders past, present and emerging.***



## Student Awards - Friday 3rd March

### Values Awards

- Josh B – for adding greater detail in his narrative to include conflict and a resolution.
- Caspian P – for utilising a range of rehearsal techniques to successfully perform 'Moto Moto' on the xylophone.
- Hariette B – for always showing kindness and consideration to others.
- Ryan McK – for being kind and sharing the computer with his classmate.
- Ava McM – for always being a kind and caring member of our class.
- Jayla H – for spreading your strength to others during learning time.
- Alli W – for always being an inclusive class member and looking out for others.
- Kaylee D – for being a respectful and helpful classmate each and every day.
- Angus M – for ignoring distractions to be a strong learner.
- Valee R – for confidently answering questions without being prompted.
- George C – for working hard to complete set tasks.
- Asal H – for a wonderful start to school in a new country.
- Abbey C – for confidently answering questions without being asked.
- Tiberius C – for being a kind friend to others in the playground and in the classroom. Top effort Tiberius.
- Theadora F – for being such a great student encouraging others to be better learners!
- Alfie U – for being a kind community member and helping a Prep student seek adult assistance in the yard.
- James W – for being kind to others and always having a positive attitude.
- Kaylee B – for being a learner by embracing challenges and extending herself in maths.
- Paige F – for always showing a 'have a go' attitude and approaching challenges with a beaming smile.
- Bella G – thank you for always showing respect in the classroom by demonstrating kind words and actions. It is greatly appreciated, Bella.
- Jackson M – for writing words he knows in his writing.

### Reading Awards

- Lenny C – for using reading strategies such as stopping and re-reading when it doesn't sound right.
- Alannah B – for locating the evidence in the text when answering comprehension questions.
- Shelby D – for using her prior knowledge and clues from the text to make predictions. Well done!
- Sophie M – for her fantastic self to text connections.
- Levi G – for using your prior knowledge about spiders to read new words.
- Victoria C-T – for identifying the main events in the text 'A Secret Home' when retelling the story.
- Arlo J – for fabulous reading with our reading helper.
- Scout W – for clearly and fluently reading during F and P testing and demonstrating a great understanding of the text.
- Arabella C – for using the title and front cover to make a plausible prediction about our shared story.
- Aiden McC – for making predictions using evidence from the class text and sharing them with the class.
- Sophia R – for outstanding understanding of our class book.
- Caspian P – for using a variety of comprehension skills to accurately analyse poetry.
- Scarlett C – for looking at the first letter of a word and getting her mouth ready with the sound.

## The Digital Assessment Library - Parent Information

Our school has registered to utilise an online assessment platform – the Digital Assessment Library (DAL).

The DAL has been established by the Victorian Curriculum and Assessment Authority (VCAA) and offers high quality, online classroom assessments that are designed to provide teachers with meaningful and timely information about student learning progress. The DAL is for use in classroom settings and contains assessments that are validated and aligned to the Victorian Curriculum F-10. The assessments on the DAL will be progressively released by the VCAA and will be across a number of learning areas, including English and Mathematics.

The DAL is freely available to our school and the assessments are able to be used optionally by our teachers to support their teaching and learning in the classroom.

Please note that to facilitate assessments being undertaken on the DAL, our school and student data has been uploaded to the DAL. The VCAA's privacy policy can be found [online](#).

Please advise your child's teacher if you have any concerns about your child completing assessments on the DAL.

## School Hats

A further reminder to all that children are required to wear the school's broad brimmed hat until the end of April when out in the yard at recess and lunch playtimes, and also when participating in any Physical Education/Sport lessons or other outside activities. This is not an option but a necessity to ensure that we are protecting ourselves from the real and known negative impacts from being exposed to the sun's rays.

We will be heading around to the classrooms to write the names on hats as many are found without a name on them. Unfortunately, they are not property and the right owner may not be the one that collects it from the lost property table. If the name is on the hat, they can be returned directly to the right owner avoiding unnecessary worry.

Baseball caps etc are not sunsmart and nor are they uniform. Therefore, they are not to be worn at school. Please have your child leave the cap at home. If your child chooses to wear the incorrect hat at school they will be asked to put it into their bag. If they are sighted with the hat a second time, then they will be asked to leave their hat at the office to be collected at the end of the day.

By having and wearing a school uniform, we aim to:

- foster a sense of community and belonging
- encourage students to develop pride in their appearance
- support all children to feel equal
- children are dressed safely and appropriately for school activities
- reduce student competition on the basis of clothing
- enhance the profile and identity of the school and its students within the wider community

All children are required to follow the reasonable instructions of staff at the school and parents/carers will be contacted if their child is finding it difficult to do so. In this way we can *work as one* to achieve the above mentioned aims.

If you are needing support in purchasing the school hat for your child, or any other piece of uniform, please contact our School Chaplain, Kelli Bailey.

## Unwell Children

In the last week or so, we have had several children attend school who are unwell. To help prevent the spread of illnesses, such as those that have been evident in the last week, the Department of Health has developed a 'School Exclusion Table'. Where symptoms include abdominal cramps, diarrhoea and vomiting, the table states that children must be excluded until there has not been vomiting or a loose bowel motion for 24 hours.

Your support in following these guidelines will be greatly appreciated by all within our school community. While we understand the difficulties faced by working families to keep children home, by following the guidelines we don't spread the impact to others living showing a true sense of community.

We do have some children in the school who are particularly vulnerable to illnesses whose impact may be less severe to most others. Ensuring that you have notified us of the reason for your child's absence can help us determine whether we need to communicate this with particular families in our community. Your privacy would be maintained.

Staff will help children to adopt healthy habits while at school by supporting them to sanitise their hands before eating, after play and at other times as required such as after they have blown their nose. If this is reinforced at home, we provide the children with the same consistent message. Sanitising hands may be done by washing hands with soap and water or by the use of hand sanitiser. Hand sanitiser is available in every classroom.

## Power Saving Bonus - A new round (and it's not too late for the 'old' round).

A new round of the Power Saving Bonus program will commence on 24th March 2023. Victorian households will be able to receive a new \$250 payment, including any households that received a payment through the current round. The **new** \$250 payment can be applied for by going to this website from 24th March 2023.

If you are thinking, "New round"? What was the 'old round'? What have I missed?", you aren't too late to make a submission. Please [click here](#) to go to the website where you can make your submission if you meet the following eligibility criteria.

- You must be a Victorian residential energy consumer (ie have a residential electricity account)
- You must be the account holder
- Only one payment is available per household



You have until March 23rd, 2023 to make this submission. It will take about 10 minutes of your time and you will need a recent electricity bill with you.

If anyone needs assistance with these submissions, please don't hesitate to chat with me (Leanne) as I will be happy to help.

## School Council Election Reminder

Please don't forget to lodge your ballot by this Friday at 4:00 pm remembering that electronic submissions are not accepted. Ballots can be lodged by eligible parents of children currently enrolled at our school.

An envelope was sent home with your eldest child at the school last Friday. A follow up Compass notice was sent explaining that there are two ballot papers and four envelopes to enable both parents of a child to vote. If your household only has one parent living in it, then please either pass the extra ballot paper and two envelopes on to the other parent or disregard.

Parents who do not live in the same household as your child, please note that you can come to the office to get a ballot paper and lodge this at the same time.

Please contact the office if you have any queries or require support.

## Public Holiday

Monday March 13th is Labour Day in Victoria and therefore a public holiday. There is no school for children or staff on this day. Know that some of our parents work in industries that require them to be at work still, but to those who don't, we hope you enjoy the day with your child/ren and that the weather allows us to enjoy being active.

## 2023 3-6 Swimming Sports

Last Monday, the Grade 3-6's went to the Golden Square Pool dressed in their house colours ready to support their school house group. We had the highest participation in years and had a couple of new events which took place on the day including; The safety run, lifesavers run and also the kickboard throw. The students made a splash in the pool in the 25m swimming races and the crowd favourite cork scramble made plenty of smiling faces.

We would like to thank all the adults who came to support on the day and all the help we had.

The house points were as close as GSPS has seen ever with just 15 points separating first, second and third. Deborah got the win on the day but all the other houses should be proud of the participation and effort on the day.

	Deborah	Kennedy	Carshalton	Lansell
Final Total	440	425	369	430



## 2023 3-6 Athletics Day

The 3-6 Athletics day is fast approaching on Tuesday the 21<sup>st</sup> of March. Mr. Williamson is still looking for any adult helpers to support at the eight events on the day. If you are interested or have any questions please feel free to email – [Thomas.Williamson@education.vic.gov.au](mailto:Thomas.Williamson@education.vic.gov.au)

## Production Auditions

On Friday Mrs Powell and Mrs van Agtmaal held auditions for the lead cast of our 2023 production – Disney's The Little Mermaid Junior. A big congratulations to all of the students who auditioned for the lead cast – it can be a nerve-wracking process and we were so pleased to have seen so many step outside of their comfort zone and give it a go.

We are excited to announce that the following Grade 5/6 students will be members of the lead cast for 2023; Maci, Emily H, Chad, Victoria, Mackenzie P, Charlotte M, Olivia S, Sam F, Hunter, Jaiden, Charlotte S, Andrea, Olive, Maya, Brynne, Abygail P, Georgia, Charlee M, Maysie and Banjo.

Congratulations to all of these students and thank you once again to all of those who auditioned.

## Working Bee

As advertised in last week's newsletter, we are having a working bee this Friday. We have secured 20 m<sup>3</sup> of softfall which will be enough for one playground. The suppliers will be delivering this for us on Friday ready for an afternoon on the shovel and rakes.

The supplier is awaiting further deliveries of this product so if you are unable to come this week, there will be further opportunities to join us.

## Student Free Day - repeat notice

A reminder that Monday March 20th is a student free day as we undertake Berry Street Education Model training. Camp Australia will be providing care for those families that require this. Please contact them directly to make your booking. Information from Camp Australia is available on our school website and you can go directly to their article by [clicking here](#).

## Smile Squad Six-Month Fluoride Varnish Visit – change of date

As advised last week, the Bendigo Health Smile Squad team are heading back to our school; however, they have just contacted us to state that there will be a change of date from what was previously communicated due to staffing. The date is now expected to be in May. We will provide a further update as it nears closer to this date.

## Reading Helpers - repeat notice

The Prep and Grade 1/2 classes are looking for reading helpers from 8:45am to 9am each morning. If you would like to be a reading helper in a Prep or Grade 1/2 classroom, please email Jess Tomlinson at [jessica.tomlinson@education.vic.gov.au](mailto:jessica.tomlinson@education.vic.gov.au). You will need to have a current Working With Children Check and complete a short induction.

## Morning and Afternoon Drop Off - repeat notice

We all understand that drop off and pick up time for our Prep children can take a little longer initially. As the term has now progressed, we are noticing that the children are becoming more independent with some even walking in the gate themselves!

At the drop off and pick up times, traffic is quite congested and so we are asking that families adhere to the two-minute pick up and drop off times to enable traffic to move slowly. This helps all children stay safe. If you know that you require more time on a particular day to drop off your child, may you please consider an alternative parking spot than in the two-minute zones. Thank you to everyone in our community for your support and understanding.

## Active Sports Vouchers - repeat notice

We all know that people are under financial pressure at the moment and here is a wonderful opportunity for families with health care cards to gain vouchers that will help pay for the registration for your child's sport. If you access the [Get Active Victoria website](#) you will find information about how to access these. Let's get our kids back into playing sports. It is great for their physical and mental health.

***“Kindness is igniting a light in someone else for no reason other than to watch them enjoy the glow.”***



**GOLDEN SQUARE PRIMARY SCHOOL**

# **Working Bee!**

**FRIDAY 3RD MARCH**  
**3:15PM ONWARDS**



**BRING SHOVEL  
AND GLOVES IF  
POSSIBLE**

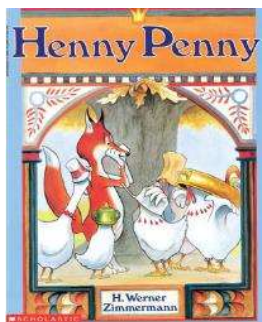
**HELP SPREAD  
SOFT FALL  
AROUND THE  
PLAYGROUNDS!**

**WHEELBARROWS AND RAKES NEEDED!**

# Grade 1/2 - TEAM NEWS

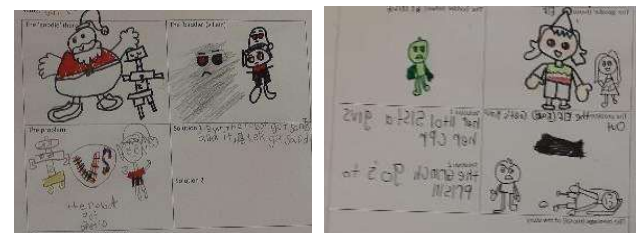
## Reading

This week we have been focusing on short vowel sounds. We have enjoyed reading 'Henny Penny' by H Werner Zimmermann. It has been so much fun looking at the different sounds each vowel letter makes in words. Also, we have been looking at the structure Narrative stories, focusing on the "Hero", Villain", problem and solution.



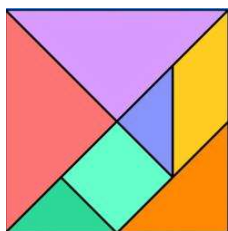
## Writing

This week we have continued to write our very own narratives to include a 'Hero', a 'Villain' a problem and a solution to the problem.



## Mathematics

This week in Maths we have continued to explore place value and location. We have been building numbers with concrete materials such as MAB (blocks), Unifix blocks and sticks as well as recording them and expanding them. We have been playing games and using dice to make up new numbers to explore. In Geometry, we have been looking at how we can Flip, Slide and Turn shapes. The children have enjoyed using Tangrams puzzles.



## Reminders

A few reminders:

- \* Please keep filling in your nightly reading diary.
- \*With hot weather, try to have a drink bottle each day and a labelled hat.
- \*Please remember to bring a jumper or jacket for the cooler mornings.



## Reading

In reading we have continued to develop a community of readers within our classrooms. The students have also been analysing persuasive texts, looking for emotive language and examples of high, medium and low modality words.



## Writing

In writing this week we have been looking at persuasive writing. The students have been exploring what makes a meaningful text such as providing evidence to persuade a reader to agree with their opinion.

Students have begun brainstorming topics such as "Roblox should be played at school" and "Each class should have art everyday".



## Mathematics

In Maths, students have continued to build their number fluency during the first half of the week. Students have been practicing renaming and regrouping numbers as well as playing a range of number games to practice their skills. Ask them at home and they might like to show you how to play!



## Reminders

Students have been playing collaborative games in Respectful Relationships sessions to encourage teamwork in both learning and play!



Please remember to read for at least 20 minutes a night 4 days a week and to fill in your reading diaries to share with teachers 😊



## Reading

This week students in Year 5/6 have continued their study of comprehension strategies to improve their understanding of a text.

In 5/6A and 5/6C, students have been completing Poetry Analysis this week. Students have enjoyed looking at rhyme and the importance of vocabulary choice to enhance mood within a poem. In 5/6L and 5/6T, students have been working on making informed predictions to deepen their understanding of a text.

Students are encouraged to read nightly at home and would love to tell you all about what they are reading. Ask them all about their book choices or events in the plot.



## Writing

This week students continued developing their brainstorming skills and strategies in order to generate lots of ideas for a persuasive piece.



We discussed "For & Against" lists and continued to connect ideas in order to sort through these to develop stronger arguments within our writing.

## Mathematics

This week students in 5/6A and 5/6C have developed their Problem-Solving skills by working on two investigations. The first was the Tea Cup problem – which asked students to use their trial-and-error skills to make sense of a problem. Many students initially found the task easy and were quick to say they had it solved. They soon realised it was not as easy as it looked and dug deep to tap into their resilience and keep trying!

The second problem, The Frog Problem, was a lot of fun and created a great deal of competition when students wanted to outdo each other's personal best. Both problems are included below for those eager mathematicians who want to have a go too!

There are five brown frogs and five green frogs sitting on their lily pads, as shown:



You have to swap the green frogs with the brown frogs, but - there are some rules.

\*Only move one square at a time.

\*You can jump only over one frog of a different colour.

\*All frogs can only move forwards from the direction they start in.

<https://nrich.maths.org/1246>



<https://nrich.maths.org/32>

## Reminders

YEAR 5/6 HOMEWORK  
TERM 1 WEEK 5 2023

### Me in a Bag

Please help me decide  
which items go inside;  
Something about me  
For all my friends to see,  
What I like to do  
That makes me special, too!



**Step 1:** Choose between three and five items to place inside your brown paper bag. These items need to represent who you are, what you enjoy, or your special interests/talents. Be creative - if your dog can't fit in your bag, what could you include instead to represent him?

**Step 2:** Prepare a short speech about your special items to share with the class. Tell us what you chose, and why you chose it. Include specific details that may be interesting for your classmates. You may write it down if it helps you to remember.

This will be shared in front of the class. It is important to practise at home to ensure you present a confident and clear speech. If you have any questions about your homework, please speak with your teacher early in the week. We will be very happy to help you.

**Homework handed out:** Monday 27th February 2023  
**Homework due in:** Monday 6th March 2023

### **2023 CSEF (Camps, Sports & Excursion Fund) Application Forms**

2023 CSEF Forms are now available from the office or see attached.

Parents who have a current health care card are eligible to apply for this \$125 payment – a copy of your health care card is required for processing purposes.

The payment, once approved, will be credited to your child's school account for use toward upcoming camps, sports, and excursions.

Parents of new students commencing in 2023, or who have transferred from other schools will need to complete an application

If you have an existing student, you will also need to complete a new form to ensure that all children attending school are listed on the application.

Please contact the office on 5443 6877 if you have any further questions regarding this process.

## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM - 2023

School Name

School REF ID

### Parent/Carer details

Surname

First name

Address

Town/suburb  State  Postcode

Contact number

Centrelink pensioner concession **OR** Health care card number (CRN)

-    -    -  **OR**

☐ Foster parent under a temporary care order\* **OR** ☐ Veterans affairs pensioner (Gold Card)\*\*

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Families, Fairness and Housing (DFFH)

\*\*Applicants must provide a copy of the Veteran Affairs Gold card

Is this an application for Special Consideration (no CRN needed)? Yes ☐ No ☐

### Student details

Student's surname	Student's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education (DE) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Families, Fairness and Housing (DFFH) to provide the results of that enquiry to DE.

I understand that:

- DFFH will use information I have provided to DE to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DE personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to DE so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DE.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the DFFH and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You can request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant

Date  /  /



## CSEF eligibility

Below is the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

### Criteria 1 – Eligibility

To be eligible for the fund, a parent or carer of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or
- on the first day of Term two.
  - a) Be a holder of one or more of the eligible financially-means tested cards **OR** be a temporary foster parent, and
  - b) Submit an application to the school by the due date.

For the list of eligible financially-means tested cards refer to the CSEF Policy [Camps, Sports and Excursions Fund \(CSEF\): Policy | education.vic.gov.au](#)

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with the above.

### Criteria 2 - Be of school age and attend school in Victoria

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. CSEF is not payable to students attending pre-school, kindergarten, home schooled, or TAFE.

### Special Consideration

A special consideration category exists for:

- Families on a bridging visa, temporary protection visa, in community detention or are asylum seeker families
- Students in temporary out of home care arrangements, including statutory kinship care

### Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/carers concession card being successfully validated with Centrelink on the first day of either term one (31 January 2023) or term two (24 April 2023).

For more information on eligibility, see [Camps, Sports and Excursions Fund \(CSEF\): Eligibility | education.vic.gov.au](#)

## Payment amounts

### CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$125 per year.
- Secondary school student rate: \$225 per year.

The CSEF is paid directly to your child's school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

**For ungraded students**, the rate payable is determined by the student's date of birth. For more information, see: [Camps, Sports and Excursions Fund \(CSEF\): Payment amounts | education.vic.gov.au](#)

**Year 7 government school students** who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents/carers so please register your interest at the school.

## How to complete the application form

### NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/CARER

1. Complete the PARENT/CARER DETAILS section.

Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.

If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.

If you are seeking Special Consideration, mark this in the form and provide a copy of the relevant documentation.

2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2023 closes on 23 June 2023.

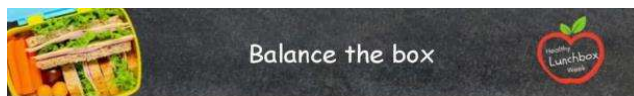
CSEF payments cannot be claimed retrospectively for prior years.

**Queries relating to CSEF eligibility and payments should be directed to the school.**

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# PUBLIC NOTICES



Help kids to **go**, **grow** and **glow** by including food from each food group in the lunchbox.



Go foods for energy	Glow foods for vitality	Grow foods for growing bodies
<b>1</b> Grain foods <ul style="list-style-type: none"> <li>Wholegrain breads and rolls</li> <li>Wraps and pita pockets</li> <li>Focaccias and Turkish bread</li> <li>Fruit bread</li> <li>English muffin</li> <li>Pasta, noodles and rice</li> <li>Quinoa and cous cous</li> <li>Wholegrain crispbreads and crackers</li> <li>Bagels</li> </ul>	<b>2</b> Vegetables <ul style="list-style-type: none"> <li>Cherry tomatoes</li> <li>Celery, capsicum, cucumber or carrot sticks</li> <li>Corn cob and baby corn spears</li> <li>Green beans, snow peas and sugar snap peas</li> <li>Mixed lettuce</li> <li>Leftover cooked vegetables</li> <li>Lentils, chickpeas and kidney beans</li> </ul> <p><i>The serving quantity applies to vegetables, not to nuts.</i></p>	<b>3</b> Fruit <ul style="list-style-type: none"> <li>Whole fresh fruit</li> <li>Fresh fruit salad</li> <li>Frozen fruit</li> <li>Tub of diced fruit</li> <li>Fruit puree</li> <li>Dried fruit such as apricots and sultanas</li> </ul>
		<b>4</b> Milk, yoghurt and cheese <ul style="list-style-type: none"> <li>Tub of yoghurt</li> <li>Cheese stick, slices or cubes</li> <li>Custard</li> <li>Milk, popper/tetra pack</li> <li>Calcium fortified soy or other plant-based milks</li> </ul>
		<b>5</b> Meat and alternatives <ul style="list-style-type: none"> <li>Lean chicken, beef, lamb, pork or turkey</li> <li>Hardboiled egg</li> <li>Canned tuna or salmon</li> <li>Hummus dip</li> <li>Lentils, chickpeas and kidney beans</li> <li>Baked beans</li> <li>Falafels</li> <li>Tofu cubes</li> </ul>

Healthy Lunchbox Week is an initiative of Nutrition Australia  
www.nutritionaustralia.org.au  
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Nutrition Australia



Are you a victim of the boomerang lunchbox - what goes in the lunchbox, comes back untouched or barely eaten? There are many reasons why children may not eat their lunchbox foods. Consider these next time you pack your child's lunchbox.

## TOO MANY NEW FOODS

- Include foods your child is familiar with and comfortable eating.
- If trying something new, be sure to also pack something you know they will eat.
- Remember it can take up to 15 times of exposure before children will accept a new food.



## TOO MUCH FOOD

- A lunchbox full of food can be very overwhelming for young children.
- Be realistic with what your child can eat and include them in packing their own lunchbox.

## CAN'T ACCESS THE FOOD

- Some lunchbox containers and packages are tricky for little fingers to open.
- Check they can open containers before using them for school.
- Remember to pack a spoon or fork for some meals and snacks.



## TOO BUSY PLAYING

- For many children, playing is much more important than eating.
- Schools can help by providing designated sit-down eating times with no pressure to eat.

## REMEMBER

Children's internal sense of hunger, appetite and fullness is stronger than adults. Trust they will eat the right amount to grow well whether it be at school or home.



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www.healthyLunchboxWeek.org.au

Nutrition Australia



## Join a great local soccer club

Golden City Soccer Club is looking for new players.

We're an inclusive, family friendly club and we are looking for players from all age levels and experience to play this season starting in April. All are welcome!

We have teams for all age levels and abilities. We have all-girl teams at most age levels and have 42% female membership in our juniors. Soccer is a great sport for girls and the FIFA Women's World Cup will be held in Australia and New Zealand in 2023.

Our junior season starts after the Easter school break and runs for 16 weeks. Junior games are played on Saturday mornings on small-sided pitches with modified rules to make the games inclusive, engaging and fun. Training takes place once a week at our home ground, Shadforth Park, Fenton Street, North Bendigo.

You can register at

<https://registration.playfootball.com.au/common/pages/reg/WelcomeRegPlus.aspx?entityid=7336>

Please get in touch for further information.

Email [goldencitysc@gmail.com](mailto:goldencitysc@gmail.com), see our Facebook page or visit [www.goldencityfc.com](http://www.goldencityfc.com)

LOWES

2 DAY VIP EVENT

20% OFF

SCHOOLWEAR & EVERYTHING ELSE\*

MARCH 9TH & 10TH

ZERO & REWARDS CARD HOLDERS USE YOUR CARD AT CHECKOUT

SHOP INSTORE & ONLINE

\*T&C'S APPLY, SAVINGS OFF ORIGINAL PRICES.



## HOOKIN2 HOCKEY

### FIRST SESSION IS FREE!

CALL OR EMAIL FOR DETAILS!  
ALL EQUIPMENT PROVIDED!

Club: Hockey Central Victoria

Venue: Bendigo Hockey Complex, 14 Ashley Street, Ironbark, VIC, 3550

Program 1 Start Date: Saturday 25<sup>th</sup> February, 2023 Time: 9.00am to 9.50am No. of Weeks: 6

Program 2 Start Date: Monday 27<sup>th</sup> February, 2023 Time: 5.10pm to 6.00pm No. of Weeks: 6

Price: \$90 – (includes annual Hockey Australia and Hockey Victoria fee and insurance.)

Coordinator Name: Dale Boyd

Coordinator Email: hcv.pathways@gmail.com

Coordinator Phone: 0419 382 053

TO REGISTER GO TO:



<https://www.revolutionise.com.au/hockeycentralv/events/>



## bdtta

Bendigo & District  
Table Tennis Association

Come and Try on

Sat 25 Feb 9:30am-12pm

Sat 4 Mar 9:30am-12pm

At our Table Tennis Stadium  
140 Victoria Street Eaglehawk



Join in the FUN and GAMES

For ALL Ages



Bats/Balls supplied, please wear non-marking rubber shoes.

Enquiries Gary Fitzgerald 0425 792 933

<https://www.bendigotabletennis.org.au>



## WE WANT YOU

### GOLDEN SQUARE FOOTBALL NETBALL CLUB

Golden Square is an inclusive, family friendly club,  
where everyone is welcome regardless of experience  
or skill level.

If you are looking for a club that believes in Respect,  
Development and most importantly having Fun,  
then Golden Square is the club for you and your family.

COME AND JOIN  
THE DOGGIES  
FAMILY FOR THE  
2023 SEASON AND  
BEYOND.

Positions available  
for all ages

For further information contact the club on 0421 616 764  
or email [gsfnjuniors@yahoo.com.au](mailto:gsfnjuniors@yahoo.com.au)

## Are you eligible to join Saver Plus & receive \$500 for your back to school costs?

Must meet all eligibility criteria:

- Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment\*
- Be studying yourself OR have a child in school (can be starting school next year)
- Have regular income from work (either yourself or your partner)\*
- Be 18+ years old

\*Many types of income and Centrelink payments are eligible



## INFORMATION FOR 2023

Season commences Saturday March 25<sup>th</sup>

OPEN TO PLAYERS & TEAMS OF ALL SKILL LEVELS

### GCNA PLAYERS FEES

GRADE 3 CLINIC - \$15 pp

11/UNDER MIXED - \$50 pp

**\$80 pp for all -**

13/UNDER FEMALE

15/UNDER FEMALE

17/UNDER FEMALE

21/UNDER FEMALE

OPEN FEMALE

OPEN MIXED

\*ages @ 31/12/2023

+VNA \$64 Junior player \$84 Senior Player

**NET SET GO - Prep - Grade 2 - \$87**

FULL DETAILS & ENTRY FORMS AVAILABLE ON OUR WEBSITE



All enquiries to the Secretary 0438 636 464  
e: [info@gcnabendigo.com.au](mailto:info@gcnabendigo.com.au)





# Newsletter

## Gotta catch 'em all!!!

A message from your Coordinator - Jessie

Hello wonderful people,

This coming week we continue our practicing for the upcoming handball tournament. Our competition week falls on 20<sup>th</sup> March 2023 to 24<sup>th</sup> March 2023. There has already been quite a bit of enthusiasm in the air and some healthy competition when practicing.

Gotta catch 'em all!!! Pokémon!!

This week's theme, you guessed it, Pokémon! By popular request from the children themselves, we have decided this week be dedicated the all-things Pokémon. We will be creating our own Pokémon characters, making Pokémon cards to reflect our creations, giving them powers and abilities only the imagination can dream up. As always, we will have crafts, games and challenging fun activities on offer all week. We will have cooking on Friday afternoon and Movie afternoon on Wednesday.

Next week's theme – Holi, Indian based traditional celebration of colour.

Thank you for the continued support and ongoing feedback, I know I am enjoying my role as co-ordinator, and I hope your children are enjoying the programme.

Jessie

### It's free to register

To attend our program, you must register your child. You can register an account with us at [pp.campaustralia.com.au](http://pp.campaustralia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



### Activities coming up and notices

- Week 6 – Pet week
- March 8<sup>th</sup> – Holi celebrations
- Community safety and awareness - week 7 – CFA confirmed.
- Easter – week 10
- Good Friday - 7<sup>th</sup> April
- Rocketeers begins – 11<sup>th</sup> April

If you get a chance, please come and have a look at some of our new features.

- Welcome to country with real digeridoos from Outback Australia on display
- Pretend play hairdressers
- Quiet space/calming corner

### What's on the menu

- Popcorn
- Cornflake biscuits
- Pita chips with dip
- Pancakes
- Salad wraps

### Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

# Calendar



## Golden Square Primary School – Term 1 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5	27th February	28th February	1st March	2nd March	3rd March
			First Wednesday for all Preps		School Assembly
Week 6	6th March	7th March	8th March	9th March	10th March
				Change of date - School Council Meeting 2	School Assembly
Week 7	13th March	14th March	15th March	16th March	17th March
	Public Holiday - Labour Day	NAPLAN - Grade 3 & 5 Cultural Diversity Week	NAPLAN - Grade 3 & 5	NAPLAN - Grade 3 & 5	NAPLAN - Grade 3 & 5 School Assembly
Week 8	20th March	21st March	22nd March	23rd March	24th March
	Berry Street Day 3 - Student free day	NAPLAN - Grade 3 & 5 Grade 3/4/5/6 Athletics Day	NAPLAN - Grade 3 & 5	NAPLAN - Grade 3 & 5	NAPLAN - Grade 3 & 5 Ride to School Day School Assembly
Week 9	27th March	28th March	29th March	30th March	31st March
	Fortuna District Athletics - Grade 3/4/5/6				School Assembly
Week 10	3rd April	4th April	5th April	6th April	7th April
				Culmination Assembly 9:15 Easter Hat Parade Last day Term 1 2:30 finish	Good Friday