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WEDNESDAY 25TH OCTOBER 2023



PRINCIPAL TEAM NEWS

Respect, Resilience, Achievement & Community



We would like to pay our respect to the Dja Dja Wurrung people. The Traditional Custodians of this Land on which we gather today and pay our respects to the Elders past, present and emerging.



Student Awards

Values Awards

- Will W - for consistently being a respectful student and striving to complete work to a high standard.
- Amelia T - for working hard on her writing by including spaces between her words.
- Ben S - for working so hard on adding and subtracting fractions with a like denominator. It was so fantastic to have you on task. Thanks, Ben!
- Lilah G - for being a positive role model for her classmates.
- Violet C-K - for being a kind and thoughtful friend to her peers in the classroom and to other students in the yard.
- Dominic B - for showing resilience when he hurt his finger.
- Havanna H - for writing a fabulous narrative filled with entertaining ideas and descriptive words. Well done Havanna.
- Asher C - for his motivation when writing a persuasive piece, explaining why video-games are better than TV and movies.
- Milla L - for sticking with her maths learning even when it gets difficult.
- Ivy P - for being the most consummate student all week! Fantastic focus and effort Ivy!
- Lennox C - for his consideration and kindness shown to others in the classroom.
- Lily G - for giving 100% effort in all camp activities and making it to the top of the climbing wall.
- Nevaeh W - for absolutely smashing your learning tasks this week! Well done.
- Mason D - for extending yourself during numeracy!
- All of 3/4 McKenzie - for pushing yourselves so hard in numeracy this week! I am so proud!
- Olive C - for showing resilience on camp and participating in all activities.
- Hunter T - for showing resilience on camp and participating in all activities.

Reading Awards

- Charlotte M - for her great contribution when analysing the text 'Fuzzy Mud'.
- Lily B - for completing 200 nights of home reading. Amazing work Lily!
- Steven P - for completing 100 nights of home reading. Congratulations Steven!
- Steele G - for finding adjectives (describing words) in his book.
- Marley B-D - for improving her fluency when reading.
- Harmony P - for her valuable input during our 'Matilda' literature circle discussions.
- Chaise W-M - for his accurate predictions when reading 'All the mess we made'.
- Carter M - for using a variety of reading strategies to tackle unknown words and confidently self-correcting errors.
- Mason R - for his amazing reading of 'How I Spent My Summer Holiday' and effort on some very tricky words.
- Harlette B - for demonstrating wonderful phrasing and fluency in her reading.
- Tyson R - for volunteering to read to the class and making connections with the text.
- Makayla S - for successfully identifying the POV in our whole class text! Well done.
- Jake V - for answering the questions about 'Fuzzy Mud' in full sentences in your book. Keep up the amazing work!
- Steven P - for completing 100 nights of home reading. Congratulations Steven!
- Poe O - for reading her texts independently and showing great improvement in her reading skills.
- Jazmine B - for reading aloud and sharing her thoughts of the class text 'Fuzzy Mud'.

SWPBS Awards

These students have all earned **30 SWPBS stickers** for being respectful, being safe and being a learner. Well done!

- | | | |
|---------------|---------------|-------------|
| • Mikella T-S | • Michael X | • Hunter T |
| • Toby B | • Poppy H | • Poe O |
| • Archer S | • Chelsea McC | • Kaylee B |
| • Imogen D | • Arabella C | • Jazmine B |
| • Cody W | • Mayra D | • Jack Ath |
| • Tyler C | • Mackenzie P | |

These students have earned **60 SWPBS stickers** for being respectful, being safe and being a learner. Well done!

- | | |
|-----------|------------|
| • Milla L | • Steele G |
| • Andry P | • Declan D |
| • Lahni N | • Londyn O |

Term 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4	23rd October	24th October	25th October	26th October	27th October
		Cricket Blast		Cricket Blast	Prep, Grade 1 & Grade 2 Athletics
Week 5	30th October	31st October	1st November	2nd November	3rd November
			Public Holiday Bendigo Cup Day		
Week 6	6th November	7th November	8th November	9th November	10th November
					Student Free Day

Thought of the Week

"You are...

BRAVER than you believe

STRONGER than you seem

SMARTER than you think

- Winnie the Pooh."



DOGS CONNECT
RESTORING BALANCE

Our Maggie



Shoes

Each day we see some marvellous pairs of shoes come through the gate; even some that sparkle and light up. We do have concerns, however, about the type of shoes that are almost a roller skate or roller blade. These are lots of fun for the children but do not allow them to move safely around the school. We ask that these shoes are kept at home. Thank you for your support.

Colour Fun Run

Get your Colour on, we are hosting a Colour Explosion Fun Run! Colour Explosion Fun Run Fun will be on **Friday 15th December** from.

Not only are we hosting an awesome Colour Explosion Fun Run, Students can order up to a total of 5 prizes based on their donations received. They can even mix and match!

Students have received a sponsorship book with instructions on setting up their cybersafe, online fundraising profile at www.australianfundraising.com.au. This is an entirely online fundraiser; all cash donations must be converted to online donations to redeem your prizes.

Extra Incentives to Fundraise!

- « Online Golden Coins – complete fun online tasks to redeem an extra \$75 towards your prize credit.
- « Monty the Monstar's Bonus Prizes – achieve milestones to unlock Monty's bonus prizes.
- « \$10,000 JB HI FI Spending Spree for one organisation's highest fundraising student – it could be you!
- « Our school will win an extra \$5,000 if we have the highest average fundraised amount per student in 2023.
- « A Play Station 5 Gaming Bundle – see your child's sponsorship booklet for more!

For more information, please contact the school office.

Happy fundraising!

Smile Squad is coming to this school

The Smile Squad team from Bendigo Health are coming to our school for a limited period in December 2023. They will be here from Friday 1st December to Monday 11th December and will see as many students as possible in that period. Anyone that misses out can still be seen in the community dental clinic at Bendigo Health.

Smile Squad is the Victorian Government free school dental program.

This means all students can get a free dental check-up, preventive services, and treatment.

How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <https://bit.ly/smilesquadvic>

OR use the below QR code:



Paper copies of the consent form are available. Please contact the school office if you would like to request one.

The electronic consent form can be translated into more than 100 languages, and the paper form is available in 13 languages.

Smile Squad dental packs

All children deserve a healthy smile, and the Smile Squad free school dental program is working hard to help make sure this happens.

Your child(ren) will soon receive a free dental pack to bring home. The dental pack contains a toothbrush, full sized toothpaste, and an oral health brochure. Please take the time to read the brochure. It's full of helpful hints and tips to help your whole family eat well, drink well and clean well – for life.

Smile Squad provides standard strength fluoride toothpaste that is generally used by ages six and over, unless recommended by a dental or trained health professional.

If your child is under six, please talk to a dental or trained health professional to find out if your child might benefit from using this toothpaste. You can also choose to put the toothpaste away until they turn six or give it to someone else in your family to use.

Do I need to attend my child's appointment?

No, you do not need to attend your child's appointment. You can attend if you would like to, and you can take your child to the community dental clinic if you prefer.

The Bendigo Health Smile Squad team look forward to seeing you soon.

Book Club LOOP

Issue 7 has now closed. Thanks to all families who were able to make a purchase through Book Club. purchase you make goes towards rewards for our school library.

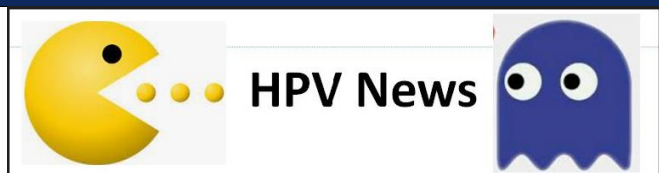
Thanks again for your support and happy reading!

Claire Osborne
Library teacher



Every

Human Powered Vehicles



Please support the HPV program

Purchase a Zooper Dooper

Zooper Doopers for sale this Thursday
Lunchtime

Go to the canteen inside the gym.

Price \$1



Student Leadership

Term 4 Timeline (Dates to be confirmed)

Week 1 - Student Information Session	Week 7 -Students continue working on Speech writing/Students run organised activities.
Week 2 - Students begin the application process.	Week 8 - Final work on speeches and practice in front of fellow candidates.
Week 3 - Expression of interest applications are due at the end of week 3. Google Form (Friday 20th of October)	Week 9 - Practise rehearsal with a microphone in the Gym in front of fellow candidates.
Week 4 - Students begin working on speech writing & planning organised activity.	Week 10 - School captain candidates deliver speeches to the student body/election process takes place. Invite parents of award recipients to Award assembly.
Week 5 - Students continue working on speech writing & planning organised activity.	Week 11 - Leadership positions announced at Awards Assembly. Parents invited to attend the Award Assembly.
Week 6 -Students continue working on Speech writing/Students run organised activities.	Week 12 - Final Week of school for the year.

*School Captain badges presented to students at the first assembly Term 1, 2024

**House Captains, Junior School Council Presidents & Senior Library Assistants will present speeches & be elected in Term 1, 2024.

***Each class in 2024 will also elect a Junior School Council representative which will be completed at the beginning of Term 1, 2024.

****Parents and families please note that a student leadership information booklet will be available to students next week. This information will also find its way onto our school website.

We are thankful for your patience and understanding in this process as it may feel and look a little different to previous years.

Student leadership support - Mr. Manuel

Wellbeing - Berry Street

Brain breaks

Strategies we use in the classroom

Brain breaks:

- Are short lesson 'interruptions' to enable a renewed focus on learning
- Take less than 4 minutes
- Build self-awareness and develop self-regulation
- Reinforce positive classroom behaviours
- Positive escalation - to increase student energy if they are 'flat' (lend our energy - co-regulation)

OR

- Positive de-escalation to calm/centre students if they are escalated (lend our calm - co-regulation)



Brain Break: Would you rather ...?

- ___ Speak every language OR play every instrument?
- ___ Be a master at painting OR an amazing dancer?
- ___ Read minds OR be invisible?
- ___ Meet your favourite celebrity OR be in a movie?
- ___ Live in the sky OR under the sea?
- ___ See a giant ant OR a tiny giraffe?



It's no secret that you will often see brain breaks commonly used throughout Golden Square Primary School classrooms. We thought we might share an example of how simple these breaks can look. Why not give the one above a go at home with your young person.

Reading and Writing

In reading this week we have been looking at the elements of a story- setting, characters, problem and solution, and have been locating adjectives (describing words) from our stories. Students have enjoyed being adjective detectives, finding them in the class story, their own books and on an adjective hunt.



Mathematics

Over the next few weeks, students in each grade will be learning about different maths concepts. Prep O are learning about capacity (which container can hold more/hold less), Prep F are learning about mass (how heavy or light an object is) and Prep T are learning about money.



Junior Athletics

Our Junior Athletic Sports Day is this Friday 27th October from 9.10am-10.40am. Families are more than welcome to come and watch your child participate in the events. Please sign in at the office before heading out to the oval to watch.

Please make sure your child has a hat at school and brings a water bottle. Students will need to wear appropriate footwear for sport and they can wear their house colours.

Time	Prep O	Prep F	Prep T
9.10am	High Jump	Long distance run	Hurdles
9.20am	Hurdles	Sprints	Long distance run
9.30am	Long distance run	Shot Put	Sprints
9.40am	Sprint	Javelin	Shot Put
9.50am	Shot Put	Long Jump	Javelin
10.00am	Javelin	High Jump	Long Jump
10.10am	Long Jump	Hurdles	High Jump
10.20am	Relays		

Reminders



75 Nights:

Neal X

100 nights:

Steven P

125 nights:

Steele G

150 nights:

175 nights:

Max H,

200 nights:

Lily B

225 nights:

Scarlett C, Oliver D, Archie S, Havanna H

250 nights:

April McD, Carter M

Please remember to pack a water bottle to drink throughout the day and to clearly name hats and jumpers so lost items can be easily returned.

Don't forget to read each night and fill in your reading diary.

Reading and Writing

Reading and Writing recap for the week:

This week students have been reading 'Chairs On Strike'. They have been making predictions and inferences, as well as discussing the persuasive techniques used.

Students were able to share how the chairs used their feelings to get their view across.

Students have then used this text to support their writing.

The chairs in 1/2 McMillan went on strike Monday morning and students have been writing letters to persuade the chairs to stay.

This included looking at why the chairs went on strike and the things the students need to do better.

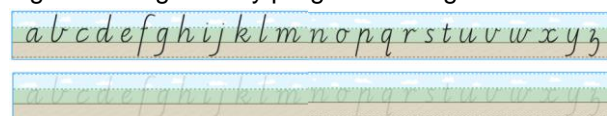


Reading Strategy:



Helpful Tips for Handwriting

Many parents seek ways to enhance their child's learning and development. **Allowing your child to fill out reader journals** can aid in improving handwriting skills, promoting legible writing as they progress through school.



Physical Education

Athletics Day is happening this Friday. Students can practise their skills at home by doing the following:

- Long Jump: Standing and jumping from a line
- Javelin: throwing a tennis ball using the same technique
- Sprint, long distance and relay: use the below to support technique
- Shot put: use a tennis ball to complete the push action. Remember - clean cheek, dirty palm



Mathematics

Maths recap for the week:

This week we have begun looking at division. Students have been looking at the different ways to share an amount equally. We have discussed that a number can be divided equally into 2 groups if it is an even number. We will continue looking at different strategies over the next couple of weeks.

We have also been looking at informal units of measure. Students have been exploring length, mass, area and capacity. They have enjoyed finding different ways to measure objects around the classroom and school.



Some helpful things to do with your child to promote their numeracy skills:

- Counting (forwards and backwards)
- Skip counting
- Doubles
- Practising times tables (2, 3, 5, 10)

Reminders

Hats are to be worn during recess and lunch play. Please support your child in providing a hat.

Uniform is to be clearly named as students often forget where they have left them. This is great to be able to give them back to their owner.

Prep to grade 2 athletics day is on Friday the 27th of October. Be sure to wear your house colours, and runners/sneakers!!

Bendigo Cup Day is on Wednesday the 1st of November. This is a Public Holiday, so enjoy your day with your child!

We have an incursion happening next Tuesday. This is based on our Integrated topic, learning about waste, water and sustainability

Reading and Writing

In Reading, students viewed the picture story book, "Vote 4 me". They have been answering both literal and inferred questions to continue to develop their ability to pull information from the text and make judgments of the message.

In Writing, students have continued exploring persuasive writing. They were able to brainstorm some topics of interest they may have to write a letter about. Some topics included school focus, such as should there be a physical education teacher, while others focused on community issues like, having a community kitchen to support those in need. They began discussing an acronym to remember different persuasive techniques, FORSET, which they will be putting into their letters.

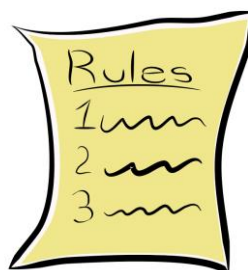
Persuasive Devices

Alliteration
Facts
Opinions
Repetition (& **R**hetorical Questions)
Emotive Language (& **E**xaggeration)
Statistics
Three (rule of)

Inquiry

In the Inquiry, students have been looking at rules. Students critically look at what the rules are and what's the purpose behind the rules. Students began connecting rules to their purpose, like wearing a hat, to the purpose being for safety. They also imagined a world without rules, and what would it look like in order to examine the impact that rules

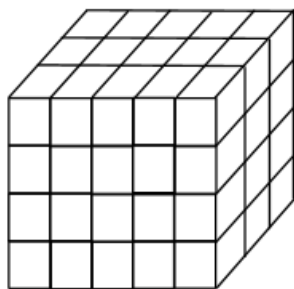
have to support the safety, fairness and respect within the community.



Maths

In Maths this week, students have begun exploring multiplication and different strategies to help work out double and triple digit equations. Some strategies included changing a number to a 'friendly', like changing 9×15 to 10×15 , and then subtracting the difference. Another strategy was breaking the number into its different place values.

Students began looking at volume and capacity. Last week students were able to make 3D models and then physically check their calculations of capacity by pulling it apart.



Reminders

Keep reading at home, every night if you can.

"Reading is the key that unlocks the doors to countless adventures, where your imagination can soar and your dreams can take flight."

Support your child to move to the next level so they can be congratulated and recognised for their efforts.
Reading at night is a great addition to a positive bedtime routine.

Specialists - Performing Arts (Music)

Mrs van Agtmaal

Prep

Students in Prep are learning to differentiate between beat and rhythm through a range of songs, including 'See Saw' and 'Tick Tock'.

We have started to use our 'beat buddies' - they love to jump up and down in time with our singing!



Lately, we have been practising 'Ram Sam Sam' with claves, egg shakers and scarves.

By the end of the year, our goal is to know and use crotchets and quavers and so and *mi* to sing, play, read and write.

Grade 1/2

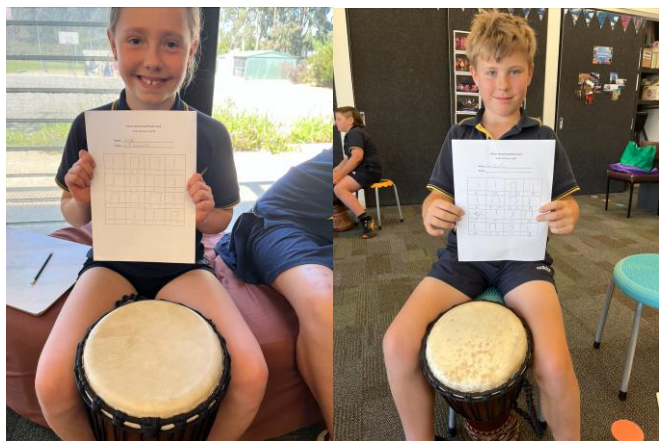
Students in Grade 1/2 have been reviewing their understanding of crotchets and quavers and are beginning to discover crotchet rests using a range of songs. They are also discovering *la*.

Students have been playing songs that they have learnt, such as 'Starlight', on mallet percussion instruments.



Grade 3/4

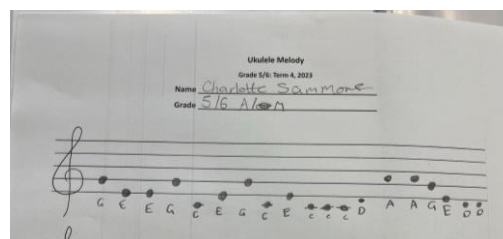
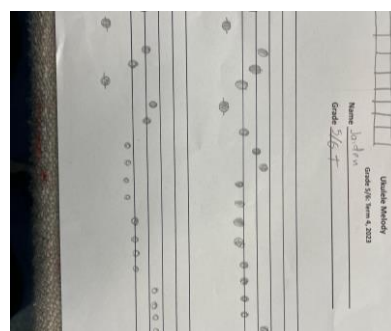
Students in Grade 3/4 have been using crotchets, quavers and crotchet rests in a range of contexts. We have been singing 'Icka Backa' and have created rhythms to play on the djembes.



Soon, we will be discovering semiquavers - we have recently started to sing 'On the Farmer's Apple Tree' and play the associated game.

Grade 5/6

Students in Grade 5/6 have been playing ukuleles and focusing on their use of music notation. Students have created short melodies using the pentatonic scale (*do, re, mi, so, la*). They have practised these melodies on the ukulele using finger-picking technique.



Sporting News

P-2 ATHLETICS DAY Friday October 27th 2023

Our Athletics sports day will be held on Friday 27th October from 9.05am on the school oval.
Events include high jump, long jump, javelin, shot put, long distance running, sprints and hurdles.
Students will also be participating in year level relay races.

Please make sure that you have your school hat and sunscreen ready to go for the morning.

You are welcome to come and watch your child participate in these sports, please remember to sign in at the office before heading outside onto the oval.



This Friday the P-2 students have their Athletics Day. We have been practising the different events over the last couple of weeks. Students will be bringing a note home with some information this week. If you are unsure of your child's house, please see their teacher.

UPCOMING SPORT EVENTS:

Week 4 - P-2 Athletics Day (Friday)

Week 7 - P-2 Swimming Program (1 lesson each day)

Weeks 7-11 - 3-6 Jets Gymnastics Program on Wednesday

These events are on Compass for families to provide consent and payment

Term 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 7	13th November	14th November	15th November	16th November	17th November
	Prep to Grade 2 Swimming Program	Prep to Grade 2 Swimming Program	Prep to Grade 2 Swimming Program Grade 3 to 6 Gymnastics Program	Prep to Grade 2 Swimming Program	Prep to Grade 2 Swimming Program
Week 8	20th November	21st November	22nd November	23rd November	24th November
		2024 Prep Transition Visits	Grade 3/4 Camp Grade 5 & 6 Gymnastics Program Maryborough Energy Breakthrough (HPV)	Grade 3/4 Camp 2024 Prep Transition Visits Maryborough Energy Breakthrough (HPV) School Council meeting	Grade 3/4 Camp Maryborough Energy Breakthrough (HPV)
Week 9	27th November	28th November	29th November	30th November	1st December
		2024 Prep Transition Visits	Grade 3 to 6 Gymnastics Program	2024 Prep Transition Visits	Prep Breakfast
Week 10	4th December	5th December	6th December	7th December	8th December
			Grade 3 to 6 Gymnastics Program		
Week 11	11th December	12th December	13th December	14th December	15th December
		Statewide Transition Day	Grade 3 & 4 Gymnastics Program Grade 6 Graduation	9:15 am Annual Awards Assembly	Colour Fun Run Class Parties
Week 12	18th December	19th December	20th December		
			1:30 pm finish Last day of school.		

Newsletter

Melbourne Cup and Pupil free day – Term 4, Week 6



Tuesday
7th November

Friday
10th November

Planned Activity
Before School Care

Planned Activity
After School Care – Planned Activity 1

Planned Activity
After School Care – Planned Activity 2

Melbourne Cup

Cabbage Colour Changing

Using Red Cabbage water test different household items to test the PH and determine the acidity of it based on colour!

Steam work activity

This colourful science experiment is easy to set up and visually appealing, demonstrating density and diffusion food colour.

Build a Simple Kite
Make a Simple Kite and fly it outside.

PFD

Magic Paper Towel Art

Use vibrant colours to expose the secret images on the paper towels!

Dissolving Candy Science

Science Time! Let's find out what happens when you add candy gummy bears to different liquids.

Grass Head
Use recycled materials to design and create an interesting grass head character! How long will the grass hair grow?

Hello wonderful Golden Square families,

This newsletter to inform you of our upcoming program plans for Term 4, Week 6.

We have the Melbourne Cup (not a holiday in Bendigo) falling on Tuesday 7th November and a Pupil Free Day falling on Friday 10th November.

For information on our planned activities for both of these days, please refer to table to the left.

Please note our service running times are as follows;

School term: Monday to Friday

Before School Care – 7am to 8:45am

After School Care – 3.15pm to 6pm

Pupil Free Day – 7am to 6pm

Holiday Care – Monday to Friday, 7am to 6pm

Public Holidays – Closed

*Full day care requires packed lunch and snacks, hat and drink bottle.

It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustalia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

Newsletter

Term 4, Week 4

Hello Wonderful Families,

Wow, what a term it has been already!!

Week 4 sees a visit from a special someone... This story all began when Jessie, along with her daughter Marley, began telling the tales of their Christmas Elf turned Halloween elf Taffy. They both told of the children about Taffy's antics and prank's she had pulled on their family over the passed couple of years. Because of this some of the children have been making presents and writing letters to Taffy. They received a response, in our makeshift letterbox, and it was from Taffy and her friend Candy Corn. Candy Corn then appeared exactly a week before Halloween on one of the broomsticks the children had made for them! Wow!! How special to have our very own Halloween elf at OSHC! I wonder what this Halloween elf might get up to?!

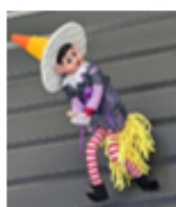
When not writing and making presents for elves the children have been up to all kinds of activities. Melty beads and Plus Plus seem to be the most popular and Spider races have really taken off. It has been amazing to see the children's creativity when making and creating pieces to add to our Halloween display too. We have been so lucky with the weather of late and been spending a lot of time playing outside, it has been so nice having the sun shining.

Halloween season is upon us, and we can't wait to celebrate along with the children. The children have been hard at work making and creating some amazing costume pieces in preparation for our OSHC Halloween party.

Monday 30th October see's OSHC transformed into a mini-Halloween Party with some healthy spooky treats, games, competitions and dress ups. We hope to see you all there. (Children are welcomed to bring a dress up/costume in their bag or drop off to OSHC in the morning to then get changed into for the evening session).

As Jessie, our co-ordinator, is such a huge fan of Halloween, she has vowed to wear a different hat/headband each day for the final 2 weeks of October. Come say G'Day and see what she has today. So far we have seen, Buzz Lightyear Mickey ears, a pirate, a princess, a devil and a cat. We wonder what's next?

Camp Australia is a Nut Free, meat free, egg free and seafood free service. We have these measures in place to abide by food safety along with allergy and intolerance requirements. Please be aware, we are unable to refrigerate and/or reheat foods brought in by children. Please be mindful that Camp Australia follows the Australian Healthy Eating guidelines and encourages the eating of foods in moderation and the philosophy of "sometimes foods". Camp Australia requests that sugary drinks be consumed outside of session times and encourage children to drink plenty of water. Please keep this in mind when packing treats in lunch boxes. We thank you kindly for your understanding and cooperation and hope your children enjoy our new menu options.



The LEGO challenges continue every Wednesday in Term 4 in After School Program!



It's free to register

To attend our program, you must register your child. You can register an account with us at www.campaustalia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

Reminder: Parents/carers please ensure you cancel your children's care if they are to be absent from OSHC, if they are on the roll and do not attend, we need to contact you to confirm their absence, if you are uncontactable, we do need to escalate to the authorities. If you have any questions or queries, please see our wonderful staff.

PUBLIC NOTICES



Blackbird
Mortgage Solutions

SPECIALIST LOAN ADVICE
tailored to your needs

- Home Loans
- Commercial Loans
- Business Loans
- SMSF Loans
- Investment Loans
- Development Finance
- Leasing

Shop 5/148-152 High St, Kangaroo Flat
AARON CONNNAUGHTON - 0498 877 110
MELISSA DILLON - 0498 877 110

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اهلا وسهلا
ကျွန်းသတိ
Welcome
欢迎
Wominjeka

FREE • FUNLOONG • FUN DAY!

FREE COMMUNITY EVENT

Saturday October 28, 11am to 2pm
Hargreaves Mall and Williamson Street

Face painting
Skateboarding workshops
Airbrush tattoos
Purchase a sausage or veggie burger for \$2
Circus activities
Cultural performances
...and much more!
Animal farm
Laser tag

Join us to celebrate Children's Week with a range of **FREE** fun activities and live entertainment for children and families to enjoy!

Scan the QR code for more information and to follow this inclusive event on Facebook.



LITTLE ATHLETICS
FUN • FAMILY • FITNESS

SEASON STARTS
Friday October 6th

Ages 5 years - 16 years

FREE TRIAL
Oct. 14th & 21st

Register now:
lavic.com.au/centres/bendigo

Learn the fundamentals of
Running • Jumping • Throwing

ALL ABILITIES WELCOME



Bendigo Regional Athletics Complex
Cnr Cook St. & Retreat Rd. Flora Hill

Questions or information email bendigo@lavic.com.au

Registration fee \$135

